



INFORMATION PACKAGE

Para-powerlifting Brisbane Classic

Saturday 23rd April 2022

Venue:

Sporting Wheelies and Disabled Association,
31 Dover St, Albion, Brisbane 4010



Introduction

With funding support from Commonwealth Games Australia (CGA) and Paralympics Australia (PA), Sporting Wheelies and Disabled Association (SWDA), is pleased to host a competition in Brisbane on Saturday 23 April 2022.

This event is open to all Para-powerlifting athletes, from novice through to elite, who are eligible to compete in Para-powerlifting competitions (minimum 15 years of age as of 31 December 2022).

World Para Powerlifting (WPP) sanctioning is pending subject to approval from World Para Powerlifting. With the possibility of Classification being conducted prior to competition.

| SCHEDULE OF EVENTS | | |
|------------------------------|-----------------------------|--------|
| EVENTS | DATES | VENUES |
| Arrivals | Thursday/Friday 21-22 April | |
| Classification* | Friday 22 April | SWAD |
| Technical Meeting | Friday 22 February | SWAD |
| Competition, & Presentations | Saturday 23 April | SWAD |
| Departures | Sunday 24 April | |

*Subject to Paralympics Australia confirmation if required.

The Event

- This event conducted with the assistance and endorsement of Paralympics Australia with funding support provided by Commonwealth Games Australia, specifically to support the preparation of Birmingham 2022 Commonwealth Games potential athletes. We recognise, acknowledge and appreciate the support from Commonwealth Games Australia.
- National Level Sanctioning from World Para Powerlifting is pending, which will enable athletes holding a current International Classification and Athlete License to have their results recognised within World Para Powerlifting rankings.
- Confirmation of conduct of Classification will be communicated directly with athletes requiring Classification following close of entries.
- Weigh-in will be conducted at 1: 30pm (Please arrive at the venue at least 15mins prior)
- Light refreshments will be available following weigh-in.
- First competition session is scheduled to commence at 3:15pm, however the final competition schedule will be distributed to all athletes following close of entries.
- The event will be conducted under **World Para Powerlifting rules**.

Qualifying Standards

There are NO minimum qualification standards for this competition. The competition is open to all athletes with an eligible physical impairment, from emerging to elite level (minimum age 15 years by 31 of December 2022). Emerging or new athletes may be required to provide information or evidence of current training and lifting involvement, including video evidence of lifting technique if requested. We encourage Athletes to hold a membership with their respective state Disability Sports or Powerlifting Organisation, however this is not mandatory to be eligible to compete in this competition.

Body Weight Divisions

| | | | | | | | | | | |
|-------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|-------------|
| WOMEN | Up to 41 Kg | Up to 45 Kg | Up to 50 Kg | Up to 55 Kg | Up to 61 Kg | Up to 67 Kg | Up to 73 Kg | Up to 79 Kg | Up to 86 Kg | Over 86 Kg |
| MEN | Up to 49 Kg | Up to 54 Kg | Up to 59 Kg | Up to 65 Kg | Up to 72 Kg | Up to 80 Kg | Up to 88 Kg | Up to 97 Kg | Up to 107 Kg | Over 107 Kg |

Entry

Entries will be accepted online at the following link only:

[Online entry – Para Powerlifting Competition 23rd April, 2022](#)

Further information is available via the [Paralympics Australia website](#).

Thanks to funding support from Commonwealth Games Australia, there is no entry fee to participate in this event.

The deadline for entries is 11:59pm on Monday 28th March 2022
Late Entries will NOT be accepted

Classification

To compete in the event, athletes are required to have a Provisional, National or International Classification with an Eligible Sport Class.

A Classification (face to face) opportunity will be provided prior to the start of the event on Friday, April 22nd. Priority will be given to New athletes and athletes with a Provisional Level Classification. Athletes who hold a National/International classification with a Review (R) status, or a Review Fixed Date (RFD) with a review year of 2022 or earlier will be advised by PA upon close of entries if they need to make themselves available for a classification assessment.

The Venue

The competition will be conducted at:

**Sporting Wheelies and Disabled Association Fitness Centre,
31 Dover St, Albion, Brisbane 4010**

Free Training / Technical Meeting

All participants are welcome to attend to a free training session to be held on Friday 22 April in conjunction with the Technical Meeting (Lot Draw) from 5:00-6:00pm at Sporting Wheelies and Disabled Association Fitness Centre. The session will be conducted by National Head Coach, Simon Bergner.

Accommodation

The nominated/preferred accommodation for this event is the Quest Breakfast Creek Apartments. Rooms are being held, including accessible rooms at the Quest Breakfast Creek Apartments, however it will be your responsibility to book and pay for your accommodation directly with the hotel.

Room rates are available at the Breakfast Creek Apartments specific to this event at the following rates:

Studio/Studio Accessible - \$197

1 Bedroom Apartment - \$242

2 Bedroom Executive Apartment (adjoining studio & 1 bed) - \$422

To book your accommodation, please visit www.questbreakfastcreek.com.au or call +61 7 3330 9700

Address: 15 Amy Street, Albion Qld 4010

Athletes are welcome to stay at alternative accommodation if they so wish.

Doping Control

The event will be subject to anti-doping testing. Paralympics Australia's Anti-Doping Policy is the Australian National Anti-Doping Policy, effective from 1 January 2021, and can be found on the [Sport Integrity Australia website](#). All athletes participating are bound by these rules.

Please ensure any [Therapeutic Use Exemptions \(TUE\) documentation](#) are up-to-date and submitted to the relevant authorities.

Further anti-doping education and e-Learning modules are available on the

[Sport Integrity Australia website](#).

COVID Restrictions

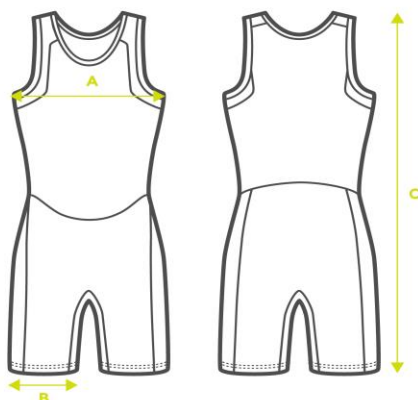
Due to COVID-19 restrictions, athletes/supporters/coaches/carers are required to be fully vaccinated and will be required to show proof of vaccination on entry into the facility. Please advise if you will have a supporter/coach/carer in attendance via the entry form.

Lifting Uniforms

Athletes who compete in WPP approved one piece lifting suits are required:

<https://www.paralympic.org/powerlifting/rules>

- Athletes must compete in a one-piece lifting suit made from a one-ply very limited stretch material, eg Lycra (maximum 20 %) or cotton-elastane – (maximum 10% elastane), without any additional patches or padding.
- The lifting costume must be a one-piece lifting suit with shoulder straps & must not have a zipper fastening.
- The straps must be worn over the shoulders at all times while lifting in competition
- The one-piece lifting suit can be full length, extending to the ankles and include a stirrup or a short leg version.
- A
- ny other style of lifting costume or uniform will not be accepted



HOW TO ORDER THE CORRECT SIZE

Our sizing charts give the measurements of the actual garments; they are NOT on-body measurements.

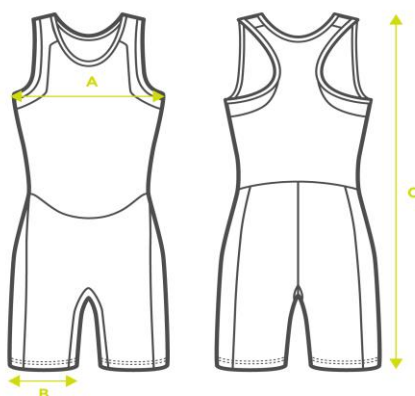
You will need to lay the garment flat and measure in centimeters from point-to-point as shown in the image to the left.

| POINTS OF MEASUREMENT (cm) | | 2XS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
|----------------------------|-----------------|------|------|------|------|------|------|------|------|-------|------|
| A | 1/2 CHEST | 34 | 36.5 | 39 | 41.5 | 44 | 46.5 | 49 | 51.5 | 54 | 56.5 |
| B | 1/2 LEG OPENING | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| C | TOTAL LENGTH | 82.5 | 85 | 87.5 | 90 | 92.5 | 95 | 97.5 | 100 | 102.5 | 105 |

PLEASE NOTE : MEASUREMENT TOLERANCES MAY VARY AS PER INDUSTRY STANDARD.

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Male lifting uniform size chart



HOW TO ORDER THE CORRECT SIZE

Our sizing charts give the measurements of the actual garments; they are NOT on-body measurements.

You will need to lay the garment flat and measure in centimeters from point-to-point as shown in the image to the left.

| POINTS OF MEASUREMENT (cm) | | 2XS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
|----------------------------|-----------------|-----|------|----|------|----|------|-----|------|-----|------|
| A | 1/2 CHEST | 29 | 31.5 | 34 | 36.5 | 39 | 41.5 | 44 | 46.5 | 49 | 51.5 |
| B | 1/2 LEG OPENING | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| C | TOTAL LENGTH | 75 | 77.5 | 80 | 82.5 | 85 | 87.5 | 90 | 92.5 | 95 | 97.5 |

PLEASE NOTE : MEASUREMENT TOLERANCES MAY VARY AS PER INDUSTRY STANDARD.

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Female lifting uniform size chart

If you wish to purchase a lifting suit, please contact: peter.brown@paralympic.org.au. Cost is \$100 per unit, including GST, postage, and handling.

Volunteers

Volunteers are required to fill various roles for this event. If you have some time to spare on the day to assist or know someone who does, please contact peter.brown@paralympic.org.au.

Result Calculations

Results of the event will be determined using the [AH Co-efficient Formula](#)

Presentations

An informal presentation ceremony will take place at the venue after the completion of the event. The top three lifters in the men's and women's divisions will be awarded trophies (dependant on numbers).

Competition Dinner

A dinner for all competitors, staff, officials, and supporters may be arranged for the night of Saturday 23 April 2022 at a venue to be confirmed. Payment for dinner is your responsibility on the night.

Live Stream

To catch all the action, visit the Sporting Wheelies and Disabled Association Facebook Page.

Withdrawals

Competitors wishing to withdraw from the event after entries may do so until **Thursday 14 April 2022**. Despite there being no fee to participate, please advise if you have entered but do not intend to compete as this will affect the scheduling of events.

All withdrawals must be received in writing. Withdrawals due to illness or injury must be accompanied by a medical certificate. Withdrawals without providing the above information and requirements may impact of acceptance of entries at future competitions conducted within Australia.

General Enquires:

Please contact Peter Brown +61 417 462 133 or peter.brown@paralympic.org.au