GOLDEN TIPS
What you need to know to enjoy every single moment of the Rio 2016 Games

- Before leaving, check out the latest information about the Games on rio2016.com.
- Do not forget your tickets and check the date, time and place of competitions on the website before leaving. Get more tickets on rio2016.com/en/tickets.
- Check the weather forecast and prepare yourself accordingly.
- Use public transport. It is not possible to park at the competition venues and their surroundings.
- Plan your trip. Transport systems and competition venues will be crowded. It can take you a while to go back and forth.
- Arrive early: this venue opens one and a half hour before the competition gets underway. If the session has already started, you may have to wait for a break to enter. Check out this information at rio2016.com/en/venues.
- You will go through a security check with X-ray equipment. Forbidden or restricted items will be collected and not returned. Check the complete list on rio2016.com/en/venues.
- Avoid carrying bags to speed up your entrance. If necessary, choose the smaller ones that you can put on your lap or under the seat.
- Identify children and other special cases with bracelets made available at the public information desks.
- Look for the Rio 2016 team members wearing green - they are there to help you!
- It is forbidden to smoke at the competition venues. There are designated smoking areas. Get more information with the volunteers or at the public information desks.
- This Guide has a map with the services available at the venues.
- Within Rio 2016 venues, payments can only be made in cash or Visa debit, credit or pre-paid cards.
- Download the official app on rio2016.com/en/app and stay tuned to everything that happens during the Games.
- Bring your energy and support. Let’s make it an unforgettable party!

LEARN MORE ABOUT RIO
Nature, culture and gastronomy are permanent attractions in the city, which has been welcoming more and more tourists with open arms. The Olympic City is ready to welcome visitors arriving for the Rio 2016 Games and is preparing an amazing programme for the Live Sites installed at strategic locations in the city, where you can watch the Games broadcast and enjoy a vast cultural programme.

Go to the visit.rio portal and discover the wonders of Rio de Janeiro.

SUSTAINABILITY
Do your part and dispose of your rubbish appropriately. Use the coloured recycling collectors provided: they benefit recycling cooperatives, generating social inclusion and new businesses.

ACCESSIBILITY
Individuals with an impairment or reduced mobility, such as obese people, senior citizens, pregnant and breastfeeding women and people with small children are entitled to preferential service when accessing venues and on services offered to Games’ spectators. Exclusive services intended for this audience are also available at all venues. Get more information with the volunteers or at the public information desks.

FORMS OF PAYMENT
Visa. In recognition of its long-standing support to the Paralympic Games, only Visa cards (debit, credit or prepaid) and cash are accepted for purchases at Rio 2016 venues.

CONTACT US
An open channel to listen to you.
Call centre: + 55 (21) 3004-2016*
rio2016.com/en/contact

*Price of a local call if calling from Brazil.
Price of a call to Rio de Janeiro if calling from overseas.

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Wheelchair basketball

UNDERSTANDING THE SPORT

HOW IT ALL BEGAN
The sport originated in the United States in 1946, when Second World War veterans started playing an adapted version of basketball using wheelchairs. Meanwhile, in England, veterans also used wheelchairs to play netball – an older version of the competition – at the Spinal Rehabilitation Hospital in Stoke Mandeville, the birthplace of the Paralympic Movement.

Wheelchair basketball crossed the Atlantic in the mid-1950s, when the Americans took part in the Stoke Mandeville Games, the precursor to the Paralympic Games. The sport was played in the first edition of the event, in Rome in 1960, and has been in all editions since.

ABOUT THE COMPETITION
Wheelchair basketball is similar to the Olympic event in several aspects: court size (28m long by 15m wide), basket height (3.05m), and match time (four 10-minute quarters) are identical. However, the player must bounce, shoot or pass the ball to a teammate every two chair pushes. To ensure equality among athletes, the wheelchairs are have specific maximum measures.

Before the ball is thrown up, referees check whether chair wheel diameters and seat and footrest heights meet regulations. Cushions up to 10cm thick are allowed, as are objects and belts to fasten the athlete to the wheelchair.

DID YOU KNOW?
In the film "Live Flesh," from the Spanish director Pedro Almodóvar, the character played by Javier Bardem, one of the plot’s lead actors, is shot in the back and becomes a wheelchair basketball athlete, playing in the Barcelona 1992 Paralympic Games for the Spanish team.

CARIOCA ARENA 1 AND RIO OLYMPIC ARENA
BARRA OLYMPIC PARK

PROGRAMME*

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<tr>
<th>SEPTEMBER</th>
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<tr>
<td>RIO OLYMPIC ARENA</td>
<td>CARIOCA ARENA 1</td>
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<td>Men’s tournament</td>
<td>Women’s tournament</td>
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<td><strong>264 athletes/144 men and 120 women</strong></td>
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* Information subject to change without prior notice.

Sessions with victory ceremonies are in bold.

EVENTS

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UNDERSTANDING THE SPORT

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PLANNING YOUR TRIP

ARRIVING AT THE PARK
Carioca Arena 1 and Rio Olympic Arena are located at Barra Olympic Park, considered the heart of the Games, which will become a sporting benchmark for the country bringing together cutting-edge competition venues. Check out how to get there:

BRT - JD. OCEÂNICO X CENTRO OLÍMPICO > CENTRO OLÍMPICO TERMINAL/MORRO DO OUTEIRO
11min walk/800m

BRT - RECREIO X VILA MILITAR > MORRO DO OUTEIRO STATION
11min walk/800m

BRT - MADUREIRA X ALVORADA PARADOR/EXPRESSO > RIO 2 STATION
BRT - FUNDÃO X ALVORADA EXPRESSO > RIO 2 STATION
11min walk/800m

Accessible station - Centro Olímpico Terminal, Morro do Outeiro and Rio 2 stations are accessible. From Centro Olímpico station there is an accessible auxiliary shuttle service available for the convenience of people in wheelchairs or with reduced mobility. Learn more about public transport accessibility during the Games at visit.rio.

ATTENTION!
• Make sure you check the competition schedule and public transport stations
• Buy in advance the Cartão dos Jogos (transport card). Some stations are only available for transport card and ticket holders
• Learn more about Cartão dos Jogos and public transport at visit.rio
• Check the venue entry locations and pay attention to the signs at the stations
• After the competition, check the venue exits and public transport access signs
• Walking times are estimated based on the average speed of 1.2m/s
ACCESSIBLE SUBTITLE: IMAGE OF THE VENUE BLUEPRINT

Wheelchair basketball

DISCOVERING THE VENUE

Toilets - accessible, women’s and men’s – are available at all levels.
Find below the venue blueprint.